



**SKILLS AND ABILITY SCHOOL  
UNDER THE AEGIS OF  
THE INDIAN COUNCIL FOR MENTAL HEALTH (ICMH)**

(A PUBLIC CHARITABLE TRUST REGISTRATION NUMBER E-700 (BOM) 1953)



*Empowering Special Children*

Annual Report  
2023-2024

## Governance

- The Indian Council for Mental Health is registered as a not-for-profit Organization with the Charity Commissioner of Mumbai since June 23, 1953, under Registration Number E-700 (BOM).
- The Constitution, Aims and Objectives are available at the Skills and Ability School, Plot No.09, Sector 11, Nerul Township, Navi Mumbai 400706.
- The Indian Council for Mental Health is registered under Section 12A of the Income Tax act with the Commissioner of Income Tax, Mumbai and exemption of donations under Section 80G, now valid from Assessment Year 2023-24 to Assessment Year 2026-27.
- Skills and Ability School, Nerul under the aegis of The Indian Council for Mental Health has been registered under Samaj Kalyan since 2004 and the license is renewed till the year 2026.
- The Organization holds a Permanent Account Number (PAN) for Income Tax AAAT11077R

## Bankers

- Central Bank of India, Sardar Vallabhbhai Patel Road, Mumbai 400004
- HDFC Bank Limited, Mistry Bhavan, Churchgate, Mumbai 400020
- Punjab National Bank, Nerul, Navi Mumbai 400706

## Auditors

- Aalok Mehta & Co - Chartered Accountants

## Vision Statement

To integrate through education, children with intellectual disabilities into society by eradicating the stigma attached to them. To provide the best possible services continuously in every way.

## Mission Statement

To expand the reach by offering unique combinations of services most suitable to individual needs to the maximum possible extent through the commitment of all to the core values of the Organization.

## Quality Policy

The Indian Council for Mental Health (ICMH) willingly accepts the challenge of helping the special children with intellectual disabilities to gain their rightful place in society. At ICMH, the emphasis is on education in the best interests of the special children for overall development. It has been a constant endeavor of ICMH to provide the best and latest techniques of education to special children.

This quality policy shall be realized through the following:

- Establish, maintain, and continually improve quality management services.
- Provide avenues to expand in the knowledge of the teachers by encouraging them to attend and participate in training courses.
- Continually improve the teaching techniques through innovative initiatives.
- Increase the enrolment to optimally utilize the academic/administrative/infrastructural resources.
- Provide quality facilities and infrastructure for the students.
- Maintain social values and obligations as an ethical NGO.

## Board Of Trustees

### **Mr. T. N. V. Ayyar (Chairman & Honorary Managing Trustee)**

An independent finance professional and qualified chartered accountant with over thirty eight years domestic and international experience, associated actively with the affairs of ICMH since 1999.

### **Mr. Virendra D. Kelkar (Vice Chairman, Honorary Treasurer & Secretary)**

An engineer by profession who has been working very closely and with total dedication for over fifteen years with ICMH as an Advisor pertaining to the process of obtaining the ISO 9001: 2015 certifications.

### **Mr. D. Sivanandhan - IPS. Retired (Honorary Trustee)**

Former Police Commissioner of Mumbai, and Former Director General of Police, Maharashtra. Mr. Sivanandhan is one of India's most well-known and highly regarded Indian Police Service Officers (IPS).

### **Mr. Kiran.S. Deolalkar (Honorary Trustee)**

A versatile IT professional with over 30 years diversified experience, including participation in major Government transformation projects, with decades of association with the TATA Group and SAP Information Technology.

### **Ms. Sonal Desai (Honorary Trustee)**

A Chartered Accountant, with over 33 years' experience, former Executive Director, Hindustan Petroleum & Head of CSR, presently CEO of Sushrut Hospital.

### **Mr. Paresh Parasnis (Honorary Trustee)**

A Chartered Accountant, with over 38 years' experience in Industry and Philanthropy. Former, Executive Director and Chief Operations Officer of HDFC Life Insurance Company Limited. Former CEO of Piramal Foundation and presently on Board of Companies and mentoring Social Entrepreneurs.

### **Mr. Pashminu Mansukhani (Honorary Trustee)**

An accomplished and multi-talented photographer and business filmmaker who has received recognition at National level with various awards. Mr. Mansukhani, a resident of Navi Mumbai has been associated with the school in various areas for the past decade.

### **Mr. Swapnil Chaudhari (Honorary Trustee)**

An IT professional specializing in leading Management and Information Systems Management audit processes.

### **Ms. Nancy Kothari (Honorary Trustee)**

A qualified Chartered Accountant and partner with Sampat & Mehta Chartered accountants.

### **Dr. Amit Vatkar (Honorary Trustee)**

A pediatric neurologist, child development specialist and consultant at various hospitals.

### **Dr. Ashish Agarwal (Honorary Trustee)**

A qualified trained physiotherapist with extensive experience in physiotherapy and post-surgical rehabilitation.

## Trustee's Note

On behalf of the Board of Trustees, I am pleased to share the annual report of the Trust for the year 2023-2024. The sole objective of the trust is to oversee and manage the working of the Skills and Ability School, which provides academic and development education for the neurodivergent children i.e. children who have a different way of thinking, learning, and behaving compared to the majority of the population.

Needless to say, such children may have individual strengths and abilities together with challenges and limitations which require specialised care.

Consequently, our teachers, helpers and therapists are qualified and trained with specialized knowledge and possess abnormal levels of patience, commitment and dedication and cater to these students. They are the backbone of the institution and we are grateful for their contribution.

Unlike a class-based teaching approach in normal schools we adopt an individual student-based teaching approach. Our teaching staff spend countless hours exploring and then encouraging every child to bring out its full potential despite the inherent limitations and challenges. There is a robust process in place for parent interaction, participation and feedback.

Our aim is to integrate the children, (to the extent possible) into mainstream, society, by providing education which they can assimilate, by providing training which they can utilise and by initiating them into life skills and learnings, hoping that they became at least relatively independent in the future.

We strive to create a very friendly and safe environment, backed by well qualified teachers and therapists, supported by requisite infrastructure and experience-based knowledge protocols. We provide training to teachers from similar schools and also have interns from Colleges and Universities for training.

Our operating processes are ISO certified and fully compliant and we have adopted DISHA curriculum followed by over 500 schools in Maharashtra.

We continue to be unaided, relying only on donations and subsidised fees from students.

Despite serious limitations of our children, we have made commendable progress in introducing computer and digital education methods. Many of our past students are working as Data Entry Operators.

We are grateful to all our donors and volunteer for their support and participation.

During the year Mr. Zarir Master, resigned as the Vice Chairman and Hon. Managing Trustee and also as a Trustee from the Board on account of age and health. Mr Master had been actively involved with the activities of the Trust and the school for over two decades.

The Board of Trustees wish to place on record and express gratitude for Mr. Master's contributions and support in the growth and success of the ICMH.

We have added eminent persons as trustees in 2024 from diverse background and experience. We have added two trustees with medical background. We are very hopeful that the institution will benefit immensely from their participation.

Thank you,

**TNV Ayyar**  
**Chairman & Hon. Managing Trustee.**

## From The Principal's Desk

As our School nears three decades of functioning, we are proud and grateful to be a part of this unique place of learning. Established with the vision of integrating neurodivergent students into mainstream society, our school continues to uphold its mission of eliminating the stigma associated with disabilities. Our constant aim is to create a place of learning, where each child can grow, thrive, and gain his/her rightful place in society by providing the best and latest techniques in special education.

Over the years, Skills and Ability School has evolved from being just a special school into a community, a family, and a beacon of hope for countless students who have walked through its doors. Each year has added a new chapter to our story—full of achievements, challenges, and moments of growth. We continue to adapt and innovate, ensuring our methods meet the evolving needs of our students, while maintaining the core values that define us.

Our School has been registered under **Samaj Kalyan since 2004** and we have successfully renewed our license till 2026. We are also enrolled in Unified District Information System for Education (UDISE) under Ministry of Education.

**Our team:** consist of special educators, therapists, doctors and caregivers. Their responsibilities extend beyond regular teaching duties, as they must customise their approaches to meet the unique needs of each student. The role of staff in teaching and training students with disabilities is both important and multifaceted. It requires compassion, patience, adaptability, and specialized skills. By working together, our team provides a nurturing and effective educational environment. This enables the students, regardless of their abilities, to reach their full potential as is evident from parent testimonies.

**Infrastructure:** Our School itself is a positive and happy space. Well-designed and thoughtfully equipped infrastructure ensures that all students, regardless of their physical, sensory, or cognitive challenges, have access to an inclusive, safe, and supportive learning environment. Our classrooms are bright, airy, spacious with a teacher student ratio of 1:6. The play areas are designed to be safe, and all facilities are accessible. Modifications such as ramps, specialized seating, elevators and hand-rails minimize the risk of accidents and ensure that every student can navigate the school safely.

**Safety:** We have detailed emergency plans in place, including fire drills and emergency exits that consider the specific needs of students with disabilities. Staff members are trained to handle emergencies efficiently, ensuring that students remain safe in all situations. CCTV cameras contribute to creating a secure, monitored environment that ensures the safety and well-being of students, staff, and visitors. Continuous surveillance 24/7 ensures that the school environment is monitored even after school hours. This helps prevent theft, vandalism, and unauthorized activities, ensuring the safety of school property and resources.

To ensure safety of our staff and students we have formed the **Sakhi Savitri Committee** and the **Vishaka Committee** and strictly follow the guidelines as prescribed by the government.

**Teaching methodology:** We follow scientific and organised teaching pedagogies to ensure quality teaching which includes the **Individual Educational Plan (IEP)**. The IEP outlines personalized learning goals, supports and services necessary to meet the unique educational needs of each student. Based on the student's needs, the IEP also details the types of services the student will receive, such as speech therapy, occupational therapy, physiotherapy or counselling. This ensures that each student has the specific resources and interventions required to succeed. We are a part of the **DISHA Abhiyan project**, an initiative of Jai Vakeel Foundation and we are honoured to have been certified as DISHA implementing School for academic year 2023-24

## From The Principal's Desk (Cont'd)

Attractive and colourful teaching learning materials, visual pictures, and visual schedules are used in our classrooms, particularly for enhancing the learning experience for students with diverse needs. Visual schedules are particularly beneficial for students who thrive on routine, such as those with autism. These schedules provide a clear, predictable structure for the day, reduce anxiety and help students understand what to expect. They promote self-regulation by offering visual cues for transitioning between activities.

**Digital literacy:** Our School provides modern digital technology and infrastructure, including educational tablets in every classroom, state of the art computer lab, high-speed internet and adaptive software. Through computer education, students learn valuable life skills like typing, navigating online platforms and using various applications that can prepare them for future employment or higher education opportunities. Interactive educational games, puzzles and simulations encourage problem-solving and critical thinking.

**Sports and physical exercise** are vital components of education for our students. Just as educational plans are individualized for our students, physical activities are also tailored to each student's abilities and is a part of the daily school routine. Adaptive sports and personalised physical activities help our students to prevent obesity, improve their motor skills, coordination and balance. Daily exercise serves as a positive outlet for emotions, helping students with emotional or behavioural challenges, help reduce hyperactivity and improve focus in the classroom. Every alternate year we conduct the Sports day which is an event that encourages and motivates our students to excel in sports and physical training.

**NIOS:** In Navi Mumbai, our school is a pioneer in training students under National Institute of Open Schooling (NIOS STD 2 to STD 12) since the last 15 years. More than 35 students from our School have cleared their NIOS STD 10 and 12 and have successfully moved ahead in life. Many of our students are currently employed with retail outlets like D-Mart and Reliance Smart, in hospitality industry and in the education and training sector. Independence not only improves the quality of life for these students, but also demonstrates that they can contribute to their family and society, which is empowering for them and rewarding for the school.

The success of former students serves as a powerful example for current students and their parents. It shows that with perseverance, dedication, and the right support, they too can lead independent lives. We take pride in showcasing these success stories to motivate our current students by inviting our ex-students as eminent guests for various School programs and functions.

**Vocational Training:** is provided to students above the age of 14 years, which aligns with real-world job opportunities. From digital literacy, packing, cloth and paper bag making, housekeeping, mehndi designing and culinary skills to creative fields like design or crafts, the school provides training that equips students for future employment. Life skills training, which is a crucial part of the curriculum, focuses on promoting independence in self-care and personal hygiene, household tasks, developing communication skills, understanding boundaries and emotions, personal safety and emergency skills, time management and shopping skills.

**Educational visits and co-curricular activities:** To complement our academic programs, we organise educational visits and co-curricular activities that promote holistic development. These outings allow students to apply classroom concepts to real world experiences. This year, the students visited the metro train in Navi Mumbai, Sensory Park and AMPC market (warehouse) to understand packaging and storage. Our co-curricular activities include yoga, music and dance, art and craft, various competitions, talent show, celebration of various festivals, national events and cultural programs. These activities allow students to discover and showcase their talents and build self-confidence.

## From The Principal's Desk (Cont'd)

**Parental support and involvement:** Collaboration between parents and the school staff fosters a supportive environment that enhances the child's overall development. Monthly meetings are conducted for parents to update and share with the parents the progress of their child. Parents play an active part in setting and achieving the IEP goals and home goals form an important part of the IEP. Counselling services are also provided to parents as needed.

Whenever challenges may arise related to behaviour, learning difficulties, or social-emotional development, parents work alongside educators and therapists, to problem-solve and address these issues collaboratively, ensuring that their child receives consistent support. The school also conducts regular workshops and seminars teaching strategies and interventions, that empower parents with the knowledge they need to help their child succeed.

I would like to extend my deepest thanks to everyone who has been a part of this amazing journey—our students, parents, staff, Trustees, alumni, donors and well-wishers. Each milestone is a testament to the unwavering dedication, resilience, and passion that have defined our school over the years!

*- Reshma Mathew*  
(Principal)



*Exploring Creativity*

## School Overview

### What We Do:

Our school specializes in providing comprehensive education and support for children with various disabilities:

- Intellectual Disability (limitation in intellectual functioning and adaptive skills)
- Cerebral Palsy (difficulties of movement, posture, speech and hand functions etc. due to brain damage)
- Autism Spectrum Disorder: (a disability affecting communication, social interaction and play behaviour)
- Learning Disability: (difficulties in reading, writing and arithmetic)
- Down Syndrome: Down syndrome is a genetic disorder causing lifelong physical and intellectual disability and developmental delays
- Developmental Delay: a condition where a child does not reach developmental milestones at the expected age range.

### Grading System:

Our grading system is planned to emphasize growth and development rather than traditional academic benchmarks and is designed to accommodate the diverse needs of students with disabilities. The grade levels are as follows:

- Early Intervention Group for young children (age 5 to 9) Early intervention helps address developmental challenges at the most critical stage of their development before they become more pronounced, leading to better cognitive, social, and physical outcomes.
- Pre-primary class 1,2 and 3.
- Primary class.
- Pratham NIOS (STD 2 to STD 12) if academically proficient.
- Pre-Vocational Training (Focus of functional academics and prevocational skills) (age 12 to 17).
- Vocational training (age 18 and above) Students are trained in the following skills based on their ability: red dot paper bag, cloth bag stitching, cloth bag printing, housekeeping, grooming, kitchen skills – baking and vegetable peeling, cutting and packing, gardening, digital literacy, beauty and wellness program and decorative gift articles.

### How We Do:

#### Our Methods:

There are specific methods and procedures in special education that enable the special educator/ therapist to teach children with Special education needs systematically. A gist of these is given herein, in order of their implementation.

- Assessment: First, an assessment of the child's/student's level in different areas of development and learning is undertaken.
- Individualised Education Programme: Based on the assessment report, an Individualised Education Programme (IEP) is developed for each student which is a customized curriculum designed to meet their unique learning needs, ensuring progress at a pace that suits them.
- Regular evaluation of the IEP is undertaken to determine whether learning and development goals are being met and to check the student's progress.
- Support services: A team of qualified therapists and support staff work together to provide interventions, therapies, and support services, including speech therapy, occupational therapy, physiotherapy, counselling and arts-based therapy.
- State-of-the-Art Facilities: Our school is equipped with modern assistive technologies, adaptive physical environments, and sensory corners that enhance learning and therapeutic experience.

## School Overview (Cont'd)

Our school organizes annual educational activities, events, and competitions that benefit not only the students but all stakeholders involved.

### Educational Activities:

- Individualized Education Plan (reviewed twice a year).
- Home Visit (by class teacher).
- Unit Tests and Semester Examinations.
- Result Day (end of each semester).
- Monthly Parent Teacher meetings & Therapy Meetings(as required).
- Educational Visits.

### Annual Events:

- International Yoga Day
- Environment Day
- Workshops For Parents
- World Mental Health Day
- Awareness Drive
- World Disability Day
- World Down Syndrome Day
- World Autism Day
- Medical Camp

### Annual Competitions:

- Drawing.
- Fancy Dress.
- Cookery.
- E-Sports.
- Participation In Sports Competitions & Special Olympics.



*Growing Together, Brighter*

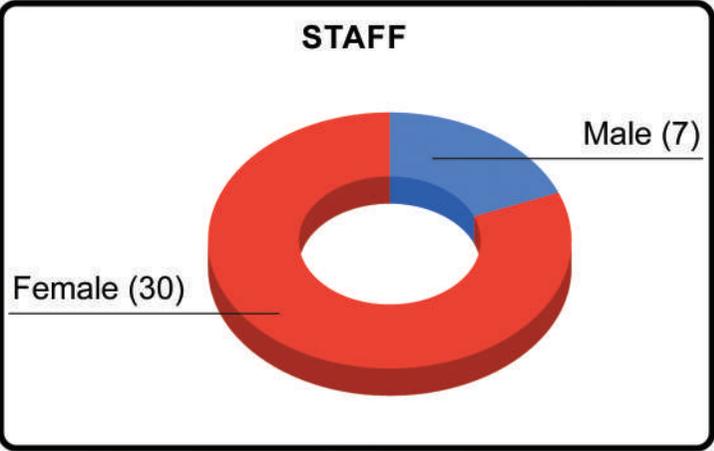
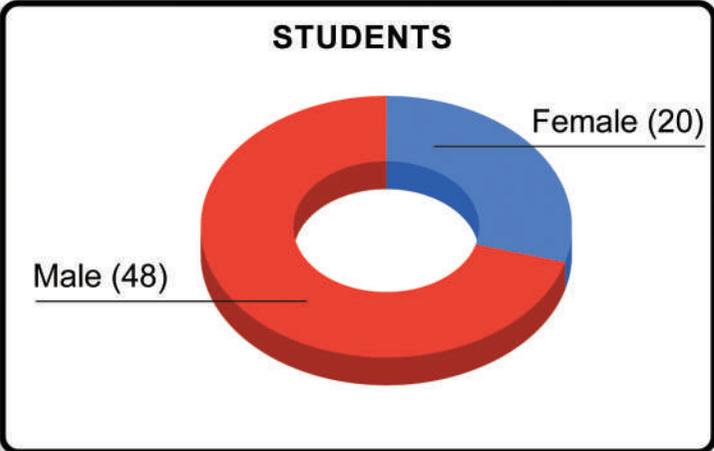
## Organizational Composition

ENTITY	MAR. 2023	OCT. 2024
Principal	01	01
Teaching Staff	13	15
Administrative Staff	03	04
Therapists	03	07
Helpers	08	10
Volunteers	04	02
Students	53	68

## Age Wise Students Distribution \*

AGE	MALE	FEMALE
0-5	00	00
6-11	21	08
12-18	20	08
19-22	04	01
23-30	03	03
<b>Total</b>	<b>48</b>	<b>20</b>

## Composition \*



\* As on October; 2024

## Quality Certifications

ISO (International Organization for Standardization)

The Indian Council for Mental Health (ICMH) has adopted the International Organization for Standardization's ISO 9001:2015 International Standard for Quality Management System in its true spirit since the year 2012.

We are practicing the ISO way of working through our documented systems, policies and procedures as well as evidence-recording mechanisms.

The year under consideration (April 01, 2023 to March 31, 2024), in which two academic years were involved, did see some change from the earlier way of working for the Skills and Ability School. Hitherto, we were following the Individual Education Plan (curriculum) designed by our competent Teachers for the children. It was observed that due to this practice at almost all the schools elsewhere, it resulted in the absence of a standard curriculum for children with Intellectual & Developmental Disabilities (IDD). To address this issue, Project Disha has been conceptualized to create a relevant educational curriculum for children with IDD by a renowned foundation working in the same field. This project was also approved and pushed by the Samaj Kalyan Department of the Government of Maharashtra. The management decided to adopt this method a year ago. This year witnessed remarkable advancement in our participation in the project. It has created an impact on the following key clauses implementation of ISO 9001:

- Context of the organization: Project DISHA is identified as an additional external context.
- Needs and expectations of the interested parties: The reporting and data uploading at regular intervals are added to the needs and expectations table.
- Competency of staff and teachers: A series of training was attended by our staff and the teachers to learn about this changed method of curriculum development, teaching, monitoring, evaluation, recording and uploading in the system.
- Objectives: Individual goals for the teachers towards the children are impacted accordingly.
- Documentation: Various documents under the School process called for alignment with the DISHA-prescribed formats to avoid duplication of writing.

Apart from the above, all ISO-related formal activities such as adhering to Quality Policy, Objectives monitoring, Internal Audit, Management Review were conducted at designated intervals and are recorded.

A surveillance audit was conducted by the Certification Body through an online meeting platform and all the activities could be presented to them with sampled evidence. This audit resulted in NIL non-conformities and NIL areas of concern. The Certificate is thus continued for the third year of its validity period till September 2024.



## Success Stories

### Integration Into Society:

Our School is a pioneer in providing **National Institute of Open Schooling (NIOS)** stream to educate the students with special needs which enables them integration in the society. We have been successfully providing Pratham and NIOS X and XII training to our students. We have a rich track record of more than 15 years in which students have cleared their Pratham levels and further successfully completed their NIOS X and XII. It is very heartening to see that our neurodivergent students with multiple disabilities have appeared and successfully completed their standard X and XII board examinations under the National Institute of Open Schooling (NIOS).

They are employed and have been placed in retail outlets like D-Mart and Reliance Smart or pursuing higher education. They are working with reputable companies as office assistants, cashiers, stock in charge, and as training faculty.

We are happy to share that all the students who appeared for the NIOS Board Examinations in the last five years have passed with good grades.

### Results Of The NIOS Board Examination:

#	Name Of The Student	Class	Year Of Passing
1	Prathamesh Patil	XII	2019
2	Karthik Neelakantan	XII	2019
3	Rohit Chilka	X	2020
4	Anusha Mali	XII	2020
5	Amod Bhavari	XII	2020
6	Akash Dalvi	XII	2020
7	Vitthal Rawle	XII	2020
8	Omkar Vilankar	XII	2021
9	Kevin D'Souza	XII	2021
10	Shamik Bhattacharya	XII	2021
11	Johan Francis	XII	2022
12	Anindya Bhat	XII	2022
13	Samiksha Bangare	X	2023
14	Huzafa Bagban	X	2023
15	Ancel Nazareth	XII	2024

## Case Study: Counseling

**Background:** AK, a 16-year-old female student diagnosed with Autism Spectrum Disorder, joined our School in the Academic Year 2014-2015.

**Issues:** She was referred for behavior therapy due to frequent anger outbursts, self-regulation challenges, and compulsive behaviors. In class, she often experiences meltdowns, during which she hits herself on her thighs, aggressively rocks her body, and compulsively drinks water only to spit it out. Her difficulties with expressive communication initially made identifying triggers a challenge.

**Our approach and outcome:** Through non-directive play, careful observation, and parental interviews, we made a breakthrough. We discovered that the triggers stemmed from her frustration and struggles with the recent onset of puberty which contributed to mood swings. With this insight, we were able to set clear behavior modification goals and an action plan, which has helped in reducing her self-harm, screaming, crying, and excessive water consumption while encouraging positive responses and compliance.

Play therapy played a significant role in building rapport and trust, breaking down barriers that led to her increased participation in sessions. While her mother previously claimed that AK did not understand basic instructions, we found that once a rapport was established, she was able to follow simple one- and two-step instructions. Over time, she has shown improvement in developing frustration tolerance, and the frequency of meltdowns in response to challenging tasks decreased in the therapy room.

Ongoing parental counseling is also helping her parents create a calmer, healthier home environment, contributing to AK's overall positive behavioral development. Witnessing her progress is truly heartening.

## Case Study: Speech Therapy

**Background:** A 5-year-old boy 'J' with Global Developmental Delay and microcephaly was admitted to our school in the year 2024.

**Issues:** He was referred for speech therapy for significant delay in cognition, motor and language development, limited vocabulary, poor sentence formation. He had involuntary tongue movements, poor strength and restricted movements of articulators which affects his vegetative functions i. e blowing, holding glass while drinking, sucking and nasal breathing.

**Our approach and outcome:** After assessment an age-appropriate language and oral motor therapy was planned. Language therapy, to expand and build his vocabulary and cognition which includes pictures, communication symbols, flash cards, puzzles, social stories and toys. Oral motor therapy exercises using oral motor tools, oral motor massages (active /passive) and oral motor games.

Over continuous speech therapy, J has shown marked progress in his receptive and expressive vocabulary. He has started to express his needs, desires and feelings using simple sentences more effectively. His enhanced communication and understanding helped him in classroom participation and social interactions. Oral motor therapy has reduced his involuntary tongue movements. Due to oral motor massage and exercises his lip closure has improved which is helping him in Blowing and sucking. He can hold glass between his lips when drinking from a glass. His strengthened oral motor muscle also enhanced overall oral motor functions.

**Parents response:** Parents are happy with J's progress in vocabulary and expressive and oral motor skills. He started to share school and classroom activities with ease now. He is confidently communicating with family members.

## Case Study: Occupational Therapy

**Background:** Child A, a 9-year-old girl with Autism and Sensory Processing Disorder, admitted to our school in March 2024.

**Issues:** When assessed, A presented issues such as poor attention span and concentration, poor physical endurance, poor communication skills and poor sensory processing. She struggled with following multiple instructions and coping up with a constantly changing environment, avoiding playground activities, and had trouble with fine motor tasks like writing and dressing. At school, it was noticed that she often became overwhelmed, engaged in self-stimulatory behaviours like hand flapping and withdrew during group activities.

**Our approach and outcome:** After an initial assessment, a sensory integration-based treatment plan was developed. This included activities like obstacle course, swinging, using textured materials, and engaging in play that gradually exposed her to sensory stimuli. Additionally, fine motor exercises such as threading beads and practicing handwriting were incorporated to improve her hand strength, endurance and coordination.

Over continuous occupational therapy intervention, 'A' made significant progress. She became more comfortable in noisy environments, frequency of her self-stimulatory behaviours has reduced and her participation in group activities has improved, and she has developed greater independence with daily tasks.

When I spoke to her teacher and parents, they reported enhanced emotional regulation and confidence, leading to better overall functioning in school and at home. She is now able to sustain attention on tasks for a longer period, showing significant improvement in her ability to stay engaged.

**Parents response:** Although there is much scope of further improvement in 'A's case, the parent has begun to see positive changes in the child's endurance, sensory integration and behaviour. She is more active and processes instructions quicker than before, and frequency of her hand flapping has reduced. As a result, she has overall become more manageable in social situations.



# Image Gallery



*Celebrating Unique Strengths*

# Balance Sheet

## THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI REG. NO. E-700(BOM)

BALANCE SHEET AS ON 31.03.2024

	Annexure	Current Year 2023-2024 (Rupees)	Previous Year 2022-2023 (Rupees)
<b>Sources Of Funds</b>			
<b>Capital</b>			
Trust Fund		2,53,53,708.89	2,53,53,708.89
Specific Donation	1	8,22,806.00	8,22,806.00
		<b>2,61,76,514.89</b>	<b>2,61,76,514.89</b>
<b>Reserves &amp; Surplus</b>			
Opening Balance		1,63,04,140.39	86,60,976.71
Add: Surplus/(Deficit) for the period		-50,964.74	76,43,163.68
		<b>1,62,53,175.65</b>	<b>1,63,04,140.39</b>
<b>Total</b>		<b>4,24,29,690.54</b>	<b>4,24,80,655.28</b>
<b>Application of Funds</b>			
<b>Fixed Assets</b>			
Gross Block		93,11,423.00	96,15,453.00
Less: Accumulated Depreciation		8,92,929.00	9,32,705.00
Net Block		<b>84,18,494.00</b>	<b>86,82,748.00</b>
<b>Investments</b>	3	<b>3,13,00,000.00</b>	<b>2,98,00,000.00</b>
<b>Current Assets , Loans &amp; Advances</b>			
Cash & Bank Balance	4	31,42,191.54	44,10,615.28
Deposits	5	1,06,998.00	1,06,998.00
Loans & Advances		2,36,007.00	95,294.00
		<b>34,85,196.54</b>	<b>46,12,907.28</b>
<b>Less: Current Liabilities &amp; Provisions</b>			
Refundable Deposit		7,74,000.00	6,15,000.00
Net Current Assets		<b>27,11,196.54</b>	<b>39,97,907.28</b>
<b>Total</b>		<b>4,24,29,690.54</b>	<b>4,24,80,655.28</b>

As per our report of even date

FOR THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE)

FOR AALOK MEHTA & CO  
Chartered Accountants

**TRUSTEES**  
PLACE: MUMBAI  
DATE : 30/06/2024

**TRUSTEES**

Aalok Mehta  
Proprietor  
Membership No: 114930

# Income & Expenses

**THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI**  
**REG. NO. E-700(BOM)**  
**INCOME & EXPENDITURE ACCOUNT FOR PERIOD 01/04/2023 TO 31/03/2024**

EXPENSES			INCOME		
PARTICULARS	2023-2024	2022-2023	PARTICULARS	2023-2024	2022-2023
<b>EXPENSES ON OBJECTS OF TRUST</b> (As per Annexure 6)	95,55,167.88	80,52,238.40	<b>Donation</b>		
			Individual	2,97,000.00	3,25,501.00
			Corporate		78,00,000.00
			Trust	38,35,000.00	36,89,500.00
				<b>41,32,000.00</b>	<b>1,18,15,001.00</b>
<b>ESTABLISHMENT EXPENSE</b>	11,98,984.16	13,51,668.92			
			<b>Fees</b>		
			Tuition	37,25,758.00	32,60,990.00
			Term	1,07,000.00	92,000.00
			Administration	53,100.00	55,100.00
			Other fees	70,650.00	67,540.00
			Manobal	4,25,500.00	5,35,920.00
				<b>43,82,008.00</b>	<b>40,11,550.00</b>
			<b>Other Income</b>		
			Income Tax Refund	0.00	26,107.00
			Interest on FD	21,09,868.00	10,56,746.00
			Membership Fees	15,000.00	0.00
			Vocational Center	5,896.00	19,977.00
			Bank Interest	44,715.30	31,300.00
			Scrap Sales	13,700.00	1,950.00
			Insurance Claim	0.00	84,440.00
				<b>21,89,179.30</b>	<b>12,20,520.00</b>
<b>Total Expenses</b>	<b>1,07,54,152.04</b>	<b>94,03,907.32</b>	<b>Total Income</b>	<b>1,07,03,187.30</b>	<b>1,70,47,071.00</b>
<b>Excess of Income over Expenditure</b>	<b>-50,964.74</b>	<b>76,43,163.68</b>	<b>Excess of Expenditure over Income</b>	<b>0.00</b>	<b>0.00</b>
<b>Total</b>	<b>1,07,03,187.30</b>	<b>1,70,47,071.00</b>	<b>Total</b>	<b>1,07,03,187.30</b>	<b>1,70,47,071.00</b>

FOR THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE)

FOR AALOK MEHTA & CO  
Chartered Accountants

TRUSTEES  
PLACE: MUMBAI  
DATE : 30/06/2024

TRUSTEES

AALOK MEHTA  
PROPRIETOR  
Membership No: 114930

## Annexure - 1

THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI						
REG NO E-700(BOM)						
Annexure -1						
Schedule for Specific Donation 2023-2024						
Sr. No.	Particulars	Capital/Revenue	Opening Balance	Addition	Utilised	Closing Balance
			Amount (Rs)	Amount (Rs)	Amount (Rs)	Amount (Rs)
1	Marathon	Revenue	0.00	24,500.00	24,500.00	0.00
2	Art Based Therapy	Revenue	22,461.00	0.00	0.00	22,461.00
3	Animal Assited Therapy	Revenue	8,00,345.00	0.00	0.00	8,00,345.00
4	Salary	Revenue	0.00	10,98,000.00	10,98,000.00	0.00
	<b>Total</b>		<b>8,22,806.00</b>	<b>11,22,500.00</b>	<b>11,22,500.00</b>	<b>8,22,806.00</b>

FOR AALOK MEHTA & CO  
Chartered Accountants

Aalok Mehta  
Proprietor  
Membership No: 114930

FOR THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE)

TRUSTEES

## Annexure - 2

ANNEXURE 2							
THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI							
REG.NO E- 700(BOM)							
SCHEDULE OF FIXED ASSETS FORMING PART OF BALANCE SHEET AS AT 31/03/2023							
Sr.No	Name of the Assets	Opening balance	Additions during the year	Total	Rate of Depreciation	Depreciation	Net Amount
1	Attendance System	9,225.00		9,225.00	10%	923.00	8,302.00
2	Audiometer	1,968.00		1,968.00	10%	197.00	1,771.00
3	Building at Nerul	49,33,901.00		49,33,901.00	0%	4,93,390.00	44,40,511.00
4	Canon Copier Machine	9,331.00		9,331.00	10%	933.00	8,398.00
5	Computers	18,80,196.00	4,96,510.00	23,76,706.00	10%	2,12,844.00	21,63,862.00
6	Equipment	8,02,352.00	36,650.00	8,39,002.00	10%	85,163.00	7,53,839.00
7	Furnishing & Tarpauline	1,093.00		1,093.00	10%	110.00	983.00
8	Furniture & Fittings	7,79,724.00	95,515.00	8,75,239.00	10%	95,960.00	7,79,279.00
9	Hearing aids	6,454.00		6,454.00	10%	647.00	5,807.00
10	Leasehold Land	2,11,909.00		2,11,909.00	0%		2,11,909.00
11	Library Books	1,378.00		1,378.00	10%	139.00	1,239.00
12	Occupational Therapy	21,231.00		21,231.00	10%	224.00	21,007.00
13	Portable Cabin	3,842.00		3,842.00	10%	384.00	3,458.00
14	Steel Cupboards	4,319.00		4,319.00	10%	432.00	3,887.00
15	Teachers Learning Aids	2,083.00		2,083.00	10%	209.00	1,874.00
16	Toys	3,342.00		3,342.00	10%	334.00	3,008.00
17	Typewriter	1,180.00		1,180.00	10%	118.00	1,062.00
18	Water filter	2,331.00		2,331.00	10%	233.00	2,098.00
19	CCTV Camera	6,889.00		6,889.00	10%	689.00	6,200.00
	<b>Total</b>	<b>86,82,748.00</b>	<b>6,28,675.00</b>	<b>93,11,423.00</b>		<b>8,92,929.00</b>	<b>84,18,494.00</b>

### Annexure - 3

Annexure 3			
THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI			
REG NO E-700(BOM)			
SCHEDULE FOR INVESTMENT			
Sr. No.	Particulars	2023-2024 Amount (Rs)	2022-2023 Amount (Rs)
1	Fixed Deposit With Central Bank of India	1,05,00,000.00	2,13,00,000.00
2	HDFC Bank	2,08,00,000.00	85,00,000.00
	<b>Total Deposits</b>	<b>3,13,00,000.00</b>	<b>2,98,00,000.00</b>

### Annexure - 4

ANNEXURE 4						
THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI						
REGD NO E-700(BOM)						
SCHEDULE FOR CASH & BANK BALANCES						
PARTICULARS	2023-2024			2022-2023		
	CASH	BANK	AMOUNT (Rs)	CASH	BANK	AMOUNT (Rs)
<b>Head office</b>						
Cash in hand		0		0.00	0	
HDFC		7,32,550.70			6,40,344.00	
Central Bank of India		9,16,673.14			29,16,205.00	
			16,49,223.84			35,56,549.00
<b>NERUL BRANCH</b>						
Punjab National Bank		14,92,967.70			8,54,066.28	
Cash		0	14,92,967.70	0.00		8,54,066.28
<b>MULUND BRANCH</b>						
Punjab National Bank					0.00	
Cash			0.00	0.00	0.00	0.00
<b>Total</b>	<b>0.00</b>	<b>31,42,191.54</b>	<b>31,42,191.54</b>	<b>0.00</b>	<b>44,10,615.28</b>	<b>44,10,615.28</b>

**Annexure - 5****Annexure 5**

THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI

REG NO E-700(BOM)

**SCHEDULE FOR DEPOSITS**

<b>Sr.No</b>	<b>Particulars</b>	<b>2023-2024 Amount (Rs)</b>	<b>2022-2023 Amount (Rs)</b>
1	MTNL Deposit	4,000.00	4,000.00
2	CIDCO	31,390.00	31,390.00
3	NMMC	8,020.00	8,020.00
4	Electric Deposit	63,588.00	63,588.00
	<b>Total</b>	<b>1,06,998.00</b>	<b>1,06,998.00</b>

## Annexure - 6

<b>Annexure 6</b>				
<b>THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI</b>				
<b>REG. NO. E-700(BOM)</b>				
<b>EXPENSES ON OBJECT OF TRUST</b>				
<b>PARTICULARS</b>	<b>2023-2024</b>		<b>2022-2023</b>	
	<b>NERUL</b>	<b>TOTAL</b>	<b>NERUL</b>	<b>TOTAL</b>
<b>Teachers &amp; Therapists</b>				
Special Educators	33,71,065.00	33,71,065.00	27,81,244.00	27,81,244.00
Provident Fund	3,67,000.00	3,67,000.00	3,36,009.00	3,36,009.00
Administrative Salary	9,31,001.00	9,31,001.00	6,40,400.00	6,40,400.00
Office Attendants	13,45,698.00	13,45,698.00	10,17,741.00	10,17,741.00
Consultant	7,16,509.00	7,16,509.00	5,99,583.00	5,99,583.00
Staff Welfare	72,763.00	72,763.00	81,577.00	81,577.00
Conveyance	30,910.00	30,910.00	49,700.00	49,700.00
Training	2,26,396.00	2,26,396.00	83,505.00	83,505.00
Honorarium	19,500.00	19,500.00	10,133.00	10,133.00
<b>Total A</b>	<b>70,80,842.00</b>	<b>70,80,842.00</b>	<b>55,99,892.00</b>	<b>55,99,892.00</b>
<b>Operating Cost</b>				
Repairs & Maintenance	1,82,438.00	1,82,438.00	2,98,833.00	2,98,833.00
Security Charges	4,56,760.00	4,56,760.00	4,44,000.00	4,44,000.00
Printing & Stationery	74,966.00	74,966.00	59,631.00	59,631.00
Electricity Charges	67,660.00	67,660.00	83,790.00	83,790.00
Telephone Charges	14,043.00	14,043.00	13,366.00	13,366.00
Cleaning & Housekeeping	31,958.00	31,958.00	63,505.00	63,505.00
Water Charges	14,982.00	14,982.00	13,728.00	13,728.00
Postal Expenses	900.00	900.00	866.00	866.00
ISO Maintenance Charges	1,78,130.00	1,78,130.00	30,200.00	30,200.00
Rent	0.00	0.00	0.00	0.00
<b>Total B</b>	<b>10,21,837.00</b>	<b>10,21,837.00</b>	<b>10,07,919.00</b>	<b>10,07,919.00</b>
<b>Other Cost</b>				
Depreciation	7,34,196.00	7,34,196.00	8,01,640.00	8,01,640.00
Computer Expenses	19,539.00	19,539.00	66,870.00	66,870.00
Internet Charges	0.00	0.00	942.00	942.00
Expenses for Vocational Center	16,109.00	16,109.00	29,168.00	29,168.00
Property Tax	37,432.00	37,432.00	37,432.00	37,432.00
Membership Fees	0.00	0.00	0.00	0.00
Bank Charges	2,796.88	2,796.88	5,645.40	5,645.40
Registration expenses	20,738.00	20,738.00	23,181.00	23,181.00
Insurance	3,93,883.00	3,93,883.00	3,74,750.00	3,74,750.00
Professional Fees	53,100.00	53,100.00	0.00	0.00
Website Charges	0.00	0.00	0.00	0.00
Advertisement Expenses	5,698.00	5,698.00	0.00	0.00
Events	1,21,997.00	1,21,997.00	1,04,799.00	1,04,799.00
Uniform Expenses	47,000.00	47,000.00	0.00	0.00
<b>Total C</b>	<b>14,52,488.88</b>	<b>14,52,488.88</b>	<b>13,39,628.40</b>	<b>14,44,427.40</b>
<b>Total Expenses D=A+B+C</b>	<b>95,55,167.88</b>	<b>95,55,167.88</b>	<b>79,47,439.40</b>	<b>80,52,238.40</b>

**Annexure - 7****Annexure 7****THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI  
REG. NO. E-700(BOM)****ESTABLISHMENT EXPENSE**

<b>PARTICULARS</b>	<b>2023-2024</b>	<b>2022-2023</b>
Administrative Salary	12310	199942
Office Attendant	0	96235
Provident Fund	30584	81714
Consultancy/Professional Charges	310960	212040
Printing & Stationery	41453	11416
Depreciation	158733	131065
Telephone Charges	589	1842
Web Designing Charges	61849	57816
Computer Expenses	18289	49546
Conveyance	339727	299429
Property Insurance	0	20938
Training Expnese	0	1506
Electricity Charges	22160	570
Staff Welfare	7753	20540
Repairs & Maintenance	142916	89144
Postal Expenses	0	1290
Public Relation Expenses	29811	9130
Audit Fees	7080	7080
Internet Charges	6476	5308
Bank Charges	4560	1300.92
Honorarium	0	53417
Interest on TDS	533	0
Books and Periodicals	3201	400
<b>Total</b>	<b>1198984</b>	<b>13,51,669</b>

# Schedule VIII

SCHEDULE-VIII [ Vide Rule 17 (1) ]		Registration No :E-700 (BOM)			
Name of the Public Trust :THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE) MUMBAI					
Balance Sheet as at 31/03/2024					
FUNDS & LIABILITIES	Rs.	Rs.	PROPERTY & ASSETS	Rs.	Rs.
<b>Trust Funds or Corpus:-</b>			<b>Immovable properties:- (At Cost)</b>		
Balance as per last balance sheet	2,53,53,708		Balance as per last balance sheet	51,45,810	
Adjustment during the year ( give details)	0	2,53,53,708	Addition during the year	0	
			<b>Less: Sale during the year</b>	0	
			Depreciation up to date	4,93,390	46,52,420
<b>Other Earmarked Funds:-</b>			<b>Investments :-</b>		
( Created under the provision of the trust deed or scheme or out of the income)			<b>Note: The market value of the above Investments is Rs.....</b>		0
Depreciation Fund	NIL				
Sinking Fund	NIL				
Reserve fund	NIL				
Any other Fund	8,22,806	8,22,806	<b>Furniture &amp; Fixtures :-</b>		
			Balance as per last balance sheet	35,36,938	
			Addition during the year	6,28,675	
<b>Loans ( Secured or Unsecured ) :-</b>			<b>Less: Sale during the year</b>	0	
From Trustees	NIL	NIL	Depreciation up to date	3,99,539	37,66,074
From Others	NIL	NIL			
			<b>Loans ( Secured or Unsecured ) :-</b>		
<b>Liabilities:-</b>			Loans Scholarships	NIL	
For Expenses	NIL		Other Loans & Advances	2,36,007	2,36,007
For Advances	NIL				
For Rent and other Deposits	7,74,000		<b>Advances:-</b>		
For Sundry Credit Balances	NIL	7,74,000	To Trustees	NIL	
			To Employees	NIL	
<b>Reserves &amp; Surplus :-</b>			To Contractors	NIL	
Balance as per last balance sheet	1,63,04,141		To Others	1,06,998	1,06,998
<b>Less: Appropriation , if any</b>	NIL				
<b>Add: Surplus as per Income &amp; Exp. Account</b>	-50,964		<b>Income Outstanding :-</b>		
<b>Less: Deficit Expenditure Account</b>	NIL	1,62,53,177	Rent	NIL	NIL
			Interest	NIL	NIL
			Other Income	NIL	NIL
			<b>Cash and Bank Balances :-</b>		
			(a) In current Account with banks	31,42,192	
			In Fixed Deposit Account with banks	3,13,00,000	
			(b) With the Trustee	NIL	
			(c) With the manager	NIL	3,44,42,192
			<b>Income and Expenditure Account :-</b>		
			Balacne as per last balance sheet		
			<b>Less: Appropriation , if any</b>		
			<b>Add: Deficit as per Income</b>		
			<b>Less: Surplus Expenditure Account</b>		
<b>Total</b>		<b>4,32,03,691</b>	<b>Total</b>		<b>4,32,03,691</b>

The above balance Sheet to the best of my/ our belief contains a true account of the Funds and Liabilities and of the property and Assets of the Trust.

for Aalok Mehta &Co.  
Chartered Accountant  
Firm Registration :126756W

FOR THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE)

Aalok Mehta  
Proprietor  
Membership No. 114930  
FRN No: 126756W

Trustee

Trustee

Place : Mumbai  
Date: 30th June 2024

Place : Mumbai  
Date: 30th June 2024

# Schedule IX

SCHEDULE-IX		[ Vide Rule 17 (1) ]		Registration No :E-700 (BOM)	
Name of the Public Trust : THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE) MUMBAI					
Income and Expenditure Account for the year Ending 31/03/2024					
Expenditure	Rs.	Rs.	Income	Rs.	Rs.
<b>To Expenditure in respect to properties:-</b>			<b>By Rent</b>	NIL	NIL
Rates, Taxes, Cesses	NIL				
Repairs & maintenance	1,42,916		<b>By Interest</b>		
Salaries	NIL		On Securities	NIL	
Insurance	NIL		On Fixed Deposit	20,50,883	
Depreciation (by way of provision of adjustments)	NIL		On Loans	NIL	
Other Expenses	NIL	1,42,916	On Bank Account	1,03,700	21,54,583
<b>To Establishment Expenses</b>		8,90,255	<b>By Dividend</b>		
<b>To Remuneration to Trustees</b>	NIL		<b>By Donations in cash or Kind</b>		41,32,000
<b>To Remuneration</b> ( in the case of a math ) to the head of the math, including his household expenditure , in any	NIL		<b>By Grants</b>	NIL	NIL
<b>To Legal Expenses</b>	NIL		<b>By Income from other sources</b> (In details as far as possible)		
<b>To Audit fees</b>		7,080	Fees	43,82,008	
<b>To Contribution &amp; Fees</b>	NIL		Other	34,596	44,16,604
<b>To Amount written off :-</b>			<b>By Transfer from Reserve</b>	NIL	NIL
(a) Bad Debts	NIL	NIL	<b>By Deficit carried over to Balance Sheet</b>	NIL	NIL
(b) Loan scholarship	NIL	NIL			
(c) Irrecoverable Rents	NIL	NIL			
(d) Other Items	NIL	NIL			
<b>To Miscellaneous Expenses</b>		NIL			
<b>To Depreciation</b>		8,92,929			
<b>To Amount transferred to Reserve or specific funds</b>					
<b>To Expenditure on Objects of the trust</b>					
(a) Religious	NIL				
(b) Educational	88,20,971				
(c) Medical Relief	NIL				
(d) Relief of Poverty	NIL				
(e) Other Charitable Objects	NIL	88,20,971			
<b>To Surplus Carried over to Balance Sheet</b>		-50,964			
<b>Total</b>		<b>1,07,03,187</b>	<b>Total</b>	<b>1,07,03,187</b>	
for Aalok Mehta &Co. Chartered Accountant Firm Registration :126756W			FOR THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE)		
Aalok Mehta Proprietor Membership No. 114930 FRN No: 126756W			Trustee		
Place : Mumbai Date: 30th June 2024			Trustee		
			Place : Mumbai Date: 30th June 2024		

# Schedule IX - D

## SCHEDULE IX-D [See rule 19 (2A)]

Information to be submitted by the Auditor along with Audit Report under sub-section (1) of section 34 of the Maharashtra Public Trusts Act.

### The Indian Council for Mental Health (Hygiene)

Sr. No.	Particulars	Details												
1	PAN No. of Trust.	AAAT11077R												
2	Registration No. with date of registration under section 12AA of Income Tax Act, 1961 (43 of 1961).	AAAT11077RE20214 Date 28.05.2021												
3	Acknowledgement No. with date of filing of the Return of Income for earlier three years.	<table border="1"> <thead> <tr> <th>Sr. No.</th> <th>Acknowledgement No.</th> <th>Year</th> </tr> </thead> <tbody> <tr> <td>(i)</td> <td>416019300171023</td> <td>2022-2023</td> </tr> <tr> <td>(ii)</td> <td>497983260160922</td> <td>2021-2022</td> </tr> <tr> <td>(iii)</td> <td>167479720251221</td> <td>2020-2021</td> </tr> </tbody> </table>	Sr. No.	Acknowledgement No.	Year	(i)	416019300171023	2022-2023	(ii)	497983260160922	2021-2022	(iii)	167479720251221	2020-2021
Sr. No.	Acknowledgement No.	Year												
(i)	416019300171023	2022-2023												
(ii)	497983260160922	2021-2022												
(iii)	167479720251221	2020-2021												
4	PAN No. of all Trustees.	<table border="1"> <thead> <tr> <th>Sr. No.</th> <th>Name of Trustee</th> <th>PAN No.</th> </tr> </thead> <tbody> <tr> <td>-1</td> <td>Mr. TNV Ayyar</td> <td>ADCPA7309M</td> </tr> <tr> <td>-2</td> <td>Mr. Zarir Master</td> <td>AAHPK0308L</td> </tr> <tr> <td>3</td> <td>Mr. Virendra Kelkar</td> <td>AACP3275F</td> </tr> </tbody> </table>	Sr. No.	Name of Trustee	PAN No.	-1	Mr. TNV Ayyar	ADCPA7309M	-2	Mr. Zarir Master	AAHPK0308L	3	Mr. Virendra Kelkar	AACP3275F
Sr. No.	Name of Trustee	PAN No.												
-1	Mr. TNV Ayyar	ADCPA7309M												
-2	Mr. Zarir Master	AAHPK0308L												
3	Mr. Virendra Kelkar	AACP3275F												

As per our report of even date attached

for Aalok Mehta & Co.  
Chartered Accountant  
Firm Registrarion No: 126756W

Aalok Mehta  
Proprietor  
Membership No. 114930

Place : Mumbai  
Date: 30.06.2024

Trustee

Trustee

THE INDIAN COUNCIL FOR MENTAL HEALTH (HYGIENE), MUMBAI  
REG. NO. E – 700 (BOM)

NOTES FORMING PART OF THE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2024

SIGNIFICANT ACCOUNTING POLICIES:

**1. Method of Accounting:**

The accounts are maintained by the trust on the cash basis that is to say that the Income & Expenditure are accounted for as and when they are actually received or spent and not when they are earned or incurred.

**2. Fixed Assets:**

The fixed assets are stated at actual cost less accumulated depreciation.

**3. Depreciation:**

Depreciation has been charged on Written Down Value (WDV) basis at the rates mentioned in the schedule of fixed assets.

**4. Specific Donation:**

Donations received for the specific utilisation on revenue accounts is credited to Income and Expenditure Account and those received on Capital Account is credited to Capital Account under relevant head. On the utilisation of the specific fund, the balance is transferred to Trust Fund.

FOR THE INDIAN COUNCIL FOR MENTAL HEALTH  
(HYGIENE), MUMBAI

FOR AALOK MEHTA & CO.  
CHARTERED ACCOUNTANTS

TRUSTEES

TRUSTEES

AALOK MEHTA  
PROPRIETOR

MUMBAI

DATE: 30/06/2024

## Esteemed Donors & Well Wishers

- Anjana Projects Private Limited.
- Global Foundation
- Ion Foundation
- Kotak Mahindra Bank Limited.
- Maitri Foundation
- Niche Financial Services Private Limited.
- Sri Lalitha Charitable Foundation
- Turner Morrison Limited.
- Mr. Kishore Gotety
- Mr. Navroz H Seervai
- Mr. Sanjay Rambhia
- The Navi Mumbai Municipal Corporation (NMMC )for their continued support.
- The Office of the Charity Commissioner of Mumbai.
- The Central Bank of India, HDFC Bank and Punjab National Bank for their cooperation at all Branches.
- Our Statutory Auditors, Aalok Mehta & Co.
- The media for their support.
- United Way of Mumbai, the organizers of the Tata Mumbai Marathon.
- Ms. Falguni Thakkar, who donated prizes and gifts to students for a Drawing Competition organized by the School.
- Shri Ambika Yog Kutir for voluntarily training our students in Yoga.
- Ms. Gouri Pendse from Seva Sahyog's Urmi project for providing the students an opportunity to be a part of the Red Dot Bag Project.
- The Asst. Commissioner - GST Office (Vashi) for providing water filter and cooler.

## Our Loyal & Devoted Volunteers

- Ms. Asha Angre.
- Ms. Neepa Goradia.

Thank You!



**SKILLS AND ABILITY SCHOOL**  
UNDER THE AEGIS OF  
**THE INDIAN COUNCIL FOR MENTAL HEALTH (ICMH)**

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